

## **WARNING SIGNS OF POTENTIAL BATTERERS**

1. Male- while there are women who batter their mates, the overwhelming evidence (90-95%) is that is the male who batters and the female who is the battering victim.
2. Comes on too strong or too fast- he loves you instantly and wants you all the time. He is responding to fantasies and not you!
3. Maintains traditional ideas about men and women roles in our society- the man is the “breadwinner” and women are not part of the important decisions within the relationship.
4. Believes in using force-violence to solve problems- he overreacts to little problems such as not finding a parking space or not having the correct change. He tends to throw things, verbally threaten, and is often cruel to animals.
5. Thinks poorly of himself.
6. Demonstrates uncalled for jealousy- he keeps tabs on her, tries to isolate her from not only other men but from friends and family members, accuses her of imagined affairs.
7. Is self-centered – he is only interested in fulfilling his own needs, does not recognize the needs of his mate.
8. Exhibits extreme mood changes.
9. Blames others- if anything upsets him, someone else is always responsible.
10. Comes from a violent family- while experts do not want to suggest that every person brought up in a violent household will either grow up to be a battering victim, enough evidence exists to be concerned that there is a correlation. Children’s role models are the adults they interact with the most. If violence exists in their family setting, they are learning to deal with problems in the same manner.
11. Behaves badly toward other- observe how he treats others and how he treats animals.
12. Treats women roughly at times- abuse during dating are almost a guarantee of later, more violent abuse.
13. Makes his mate feel scared, threatened, and incapable of making decisions.
14. Has he ever hit you? He probably will again.